

2024		NPSA	TIMETABLE	
10.00	1	Boys U14	80m HURDLES	H(20)
10.10	2	Girls U12	1500m	FINAL
10.20	3	Boys U12	1500m	FINAL
10.30	4	Girls U14	75m HURDLES	H(18)
	5	Boys U13	75m HURDLES	H(17)
	6	Boys U12	75m HURDLES	H(16)
10.45	7	Girls U13	1500m	FINAL
10.55	8	Boys U13	1500m	FINAL
11.05	9	Girls U13	70m HURDLES	H(13)
	10	Girls U12	70m HURDLES	H(14)
11.15	11	Girls U14	1500m	FINAL
11.25	12	Boys U14	1500m	FINAL
11.35	13	Girls U13	70m HURDLES	FINAL
	14	Girls U12	70m HURDLES	FINAL
11.45	15	Girls U12	800m	GF
11.55	16	Boys U12	75m HURDLES	FINAL
	17	Boys U13	75m HURDLES	FINAL
	18	Girls U14	75m HURDLES	FINAL
12.10	19	Girls U13	800m	GF
12.20	20	Boys U14	80m HURDLES	FINAL
12.30	21	Girls U14	800m	GF
12.50	22	Girls U14	100m	H(40)
	23	Boys U14	100m	H(41)
	24	Girls U13	100m	H(38)
	25	Boys U13	100m	H(39)
	26	Girls U12	100m	H(36)
	27	Boys U12	100m	H(37)
13.30	28	Girls U14	200m	H(55)
	29	Boys U14	200m	H(56)
	30	Girls U13	200m	H(53)
	31	Boys U13	200m	H(54)
	32	Girls U12	200m	H(51)
	33	Boys U12	200m	H(52)
14.15	34	Girls U14	300m	GF
	35	Boys U14	300m	GF
	36	Girls U12	100m	FINAL
	37	Boys U12	100m	FINAL
	38	Girls U13	100m	FINAL
	39	Boys U13	100m	FINAL
15.15	40	Girls U14	100m	FINAL
	41	Boys U14	100m	FINAL
	42	Boys U12	800m	FINAL
	43	Boys U13	800m	FINAL
	44	Boys U14	800m	FINAL
	45	Girls U12	4 x 100m RELAY	H(57)
	46	Boys U12	4 x 100m RELAY	H(58)
	47	Girls U13	4 x 100m RELAY	H(59)
	48	Boys U13	4 x 100m RELAY	H(60)
	49	Girls U14	4 x 100m RELAY	H(61)
	50	Boys U14	4 x 100m RELAY	H(62)

	51	Girls U12	200m	FINAL
	52	Boys U12	200m	FINAL
	53	Girls U13	200m	FINAL
	54	Boys U13	200m	FINAL
	55	Girls U14	200m	FINAL
	56	Boys U14	200m	FINAL
	57	Girls U12	4 x 100m RELAY	FINAL
	58	Boys U12	4 x 100m RELAY	FINAL
	59	Girls U13	4 x 100m RELAY	FINAL
	60	Boys U13	4 x 100m RELAY	FINAL
	61	Girls U14	4 x 100m RELAY	FINAL
	62	Boys U14	4 x 100m RELAY	FINAL
		<b>BLOCK 1</b>		
10.00	A	Boys U14	LONG JUMP	
10.00	B	Boys U13	LONG JUMP	
10.00	C	Girls U14	SHOT	
10.00	D	Boys U14	JAVELIN	
10.00	E	Boys U12	HIGH JUMP	
10.00	F	Girls U12	HIGH JUMP	
10.00	G	Girls U12	DISCUS	
		<b>BLOCK 2</b>		
11.05	H	Boys U14	TRIPLE JUMP	
11.05	I	Girls U14	LONG JUMP	
11.05	J	Boys U14	SHOT	
11.05	K	Boys U12	JAVELIN	
11.05	L	Boys U13	DISCUS	
		<b>BLOCK 3</b>		
12.10	M	Boys U14	HIGH JUMP	
12.10	N	Girls U14	HIGH JUMP	
12.10	O	Girls U14	JAVELIN	
12.10	P	Girls U13	SHOT	
12.10	Q	Boys U12	DISCUS	
12.10	R	Girls U13	LONG JUMP	
		<b>BLOCK 4</b>		
13.15	S	Girls U13	JAVELIN	
13.15	T	Boys U14	DISCUS	
13.15	U	Girls U12	SHOT	
13.15	V	Girls U14	TRIPLE JUMP	
13.15	W	Boys U12	LONG JUMP	
		<b>BLOCK 5</b>		
14.20	X	Boys U13	HIGH JUMP	
14.20	Y	Girls U13	HIGH JUMP	
14.20	Z	Girls U12	LONG JUMP	
14.20	AA	Boys U12	SHOT	
14.20	AB	Boys U13	JAVELIN	
14.20	AC	Girls U13	DISCUS	
		<b>BLOCK 6</b>		
15.25	AD	Girls U14	DISCUS	
15.25	AE	Girls U12	JAVELIN	
15.25	AF	Boys U13	SHOT	